



BROOKVALE PRIMARY SCHOOL

Mallard Drive, Erdington, Birmingham, B23 7YB

Tel: 0121 356 9973

Email: office@brkvale.bham.sch.uk

www.brookvaleschool.co.uk

Head Teacher: Mr Stuart Day

14th February 2025

Dear Parent or Guardian

Requests to Fast

During the Holy Month of Ramadan, it is important that parents understand the School's responsibilities to those children who may wish to consider fasting.

For your information, the School has been advised that children under 10 years of age are not required to fast and, as primary age children become very tired when they do not have regular meals and are sometimes unable to safely perform the activities expected of them during the course of a school day, we want to explain the procedures that will be followed to ensure the well-being of your child or children:

1. 'Request to Fast' Form – Parents who wish to give permission for their child to fast during Ramadan whilst at School, will need to complete, sign and return the enclosed form to the School
2. Requests for Food – As the School is required to take care of all pupils and cannot ignore the needs of a hungry or thirsty child, the staff will comply with requests for food or drink received from a child, even if a completed Form has been provided
3. Illness – If a child appears to be experiencing adverse physical or emotional effects due to fasting, e.g. dizziness, nausea, distress, etc., staff will offer that child food or drink, even if a completed Form has been provided and may call the child's parents or guardians, and the emergency services, if they believe that it is necessary.

I hope that the above is clear, but please do not hesitate to contact Mrs Coulson, if you have any questions.

Yours sincerely

A Mills

Mr Mills
Acting Deputy Headteacher



The Arthur Terry Learning Partnership, a charitable company limited by guarantee,
registered in England and Wales, company number 07730920.
Registered office: The Arthur Terry School, Kittoe Road, Four Oaks, Sutton Coldfield, West
Midlands, B74 4RZ
CEO Richard Gill NPQH, NLE, FRSA

Ramadan 2025
Request to Fast Form Y5 & Y6 ONLY

I have read and understood the information provided by Brookvale Primary School in the letter dated 14th February 2025. I would like to request that my child or children, whose details are given below, be permitted to fast whilst in the care of the School during Ramadan in February/March 2025.

<u>Name of Child</u>	<u>Class</u>	<u>Date of Birth:</u>

Parent or Guardian

Full Name:

Address:

.....

Signature:

Dated:

TO BE RETURNED BY TUESDAY 25th FEBRUARY

