



BROOKVALE PRIMARY SCHOOL

Mallard Drive, Erdington, Birmingham, B23 7YB

Tel: 0121 356 9973

Email: office@brkvale.bham.sch.uk

www.brookvaleschool.co.uk

Head Teacher: Mr Stuart Day

Dear. Parents/Carers

As your children will soon be leaving Brookvale and moving onto their prospective secondary schools, we will be delivering a series of 4 Lessons on growing up. This is part of their transition to secondary school.

Our Place Mentoring services will be coming into school over the coming weeks to explore puberty with Year 6. Topics to be covered are as below: (**We do not teach about sexual reproduction in this course.**)

Growing Up Course

10/6/21 Week One

How we have grown and changed, who we can talk to if we have questions. (**Mixed boys and girls**)

17/6/21 Week Two

What body changes occur for boys and girls in puberty, correct language for naming body parts and care and hygiene. (**Boys in one class followed by girls in one class**)

24/6/21 Week Three

What emotional changes happen during puberty and how to take care of your mental health. (**Mixed boys and girls**)

01/7/21 Week Four

What healthy and unhealthy relationships look like, understanding peer pressure and being safe when making friends (**Mixed boys and girls**)

This meets the new requirements from September 2020.

If you have any concerns in relation to your child accessing these workshops, please contact the school office to make an appointment to meet with a member of the pastoral team.

Yours sincerely

Mr Hale & Mrs Khan
Pastoral Team



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Registered office: The Arthur Terry School, Kittoe Road, Four Oaks, Sutton Coldfield, West
Midlands, B74 4RZ
CEO Richard Gill NPQH, NLE, FRSA