



# BULLETIN

Website: [brkvale.bham.sch.uk](http://brkvale.bham.sch.uk)Follow us on **TWITTER**  
Brookvale Primary  
@BPS\_B23

## Keeping Safe in School

Since returning to School a number of children are either late coming to school, late being collected or both. In order for ALL children, families and staff to remain safe in our setting please ensure that children are **on time at the correct entrance**

**THIS is vital to ensure Bubbles do not cross**

**If you have any concerns about COVID, please call 111 who will advise you of the up to date procedures.**

**If a household member displays any symptoms please call 119 to book a test and isolate as a household and INFORM SCHOOL IMMEDIATELY. (SEE P4)**

<b>Reception Bubble (Side entrance)</b> Start time: 8.45am Finish time: 3.20pm	
<b>Year 1 Bubble (Year 1 entrance)</b> Start time: 8.35am Finish time: 3.15pm	<b>Year 2 Bubble (Rear entrance)</b> Start time: 8.40am Finish time: 3.20pm
<b>Year 3 Bubble (Front entrance)</b> Start time: 8.40am Finish time: 3.20pm	<b>Year 4 Bubble (Rear entrance)</b> Start time: 8.35am Finish time: 3.15pm
<b>Year 5 Bubble (Front entrance)</b> Start time: 8.45am Finish time: 3.25pm	<b>Year 6 Bubble (Rear entrance)</b> Start time: 8.45am Finish time: 3.25pm

<b>Monday 22nd March</b>	
<b>Tuesday 23rd March</b>	<b>Wake up shake up in Breakfast Club</b> Y1 PE Y4 PE <b>Y4 Afterschool Trampoline Club</b>
<b>Wednesday 24th March</b>	<b>Wake up shake up in Breakfast Club</b> Y4 Keyboard in class Y3 PE Y2 PE <b>Y3 Afterschool Trampoline Club</b>
<b>Thursday 25th March</b>	<b>Wake up shake up in Breakfast Club</b> Y5 Flute in class Y5 PE Y6 PE <b>Y5 Afterschool Trampoline Club</b>
<b>Friday 26th March</b>	<b>Rec PE</b>

Please ensure that you book your child's meal on SCHOOLMONEY.

You have up until midnight the day before.

If you do not book a meal please provide your child with a healthy packed lunch.

Reminder

We are a NUT FREE SCHOOL

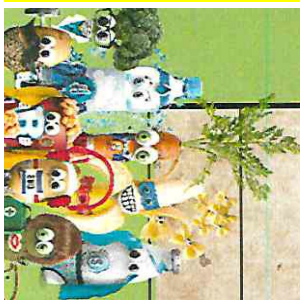
Please ensure that packed lunches and a break time snack (KS2 ONLY) are completely NUT FREE

## Spring & Summer 2021 Menu Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Golden Fish Fingers with Chips	Sausage /Halal and Mash with Gravy	Roast Turkey/Halal with Roast Potatoes and Gravy	Pasta Bolognese/Halal With Garlic Bread	Cheese and Tomato Pizza with ½ Jacket Potato
Alternative Dish	Beany Burger with Chips (V)	Quorn Bolognese ** (V)	Quorn Roast with Roast Potatoes and Gravy (V)	Mild Chickpea and sweet potato curry with Rice	Chinese Veggie Noodles (V)
Jacket Potato	Jacket Potato With A Choice Of Fillings (Cheese, Tuna or Beans)				
Vegetables	Baked Beans/Peas	Peas/Carrots	Carrots/Cabbage	Sweetcorn/Peas	Baked Beans/Peas
Desserts	Vanilla Ice cream	Peach & Pineapple with Custard	Flapjack With Fruit Slices *	Crunchy Chocolate Biscuit	Raspberry Yoghurt

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

\*Fruit Based \*\*Wholegrain \*\*\*Oily Fish (V) Vegetarian







We are privileged to now be aligned with Erdington Foodbank. In today's current climate and circumstances, Foodbanks have never been in such high demand. During April 18-March 19 over 41,436 people accessed Foodbanks within Birmingham (birminghamail.co.uk), and this number has further increased during the COVID-19 Lockdown.

Brookvale school has now signed up to hold Foodbank Vouchers in school, which can be provided in emergencies. If you, the parents, are genuinely struggling to provide food for your children, then please speak to Mr Hale (Pastoral Leader) in school. We have the contacts and lines of communication in order to ensure that you can gain access to this service in emergency circumstances.

## HOW FOODBANKS WORK?

### Providing emergency food to people in crisis.

Every day people in the UK go hungry for reasons ranging from redundancy to receiving an unexpected bill on a low income. A simple box of food makes a big difference, with foodbanks helping prevent crime, housing loss, family breakdown and mental health problems.

### FOOD IS DONATED

Schools, churches, businesses and individuals donate non-perishable, in-date food to a foodbank. Large collections often take place as part of Harvest Festival celebrations and food is also collected at supermarkets.

### FOOD IS SORTED AND STORED

Volunteers sort food to check that it's in date and pack it into boxes ready to be given to people in need. Over 40,000 people give up their time to volunteer at foodbanks.

### PROFESSIONALS IDENTIFY PEOPLE IN NEED

Foodbanks partner with a wide range of care professionals such as doctors, health visitors, social workers and police to identify people in crisis and issue them with a foodbank voucher.

### CLIENTS RECEIVE FOOD

Foodbank clients bring their voucher to a foodbank centre where it can be redeemed for three days' emergency food. Volunteers meet clients over a warm drink or free hot meal and are able to signpost people to agencies able to solve the longer-term problem.

If you would like to find out more information about the Erdington Foodbank, this can be found online at [www.erdington.foodbank.org.uk](http://www.erdington.foodbank.org.uk)

**Brookvale School are going to continue to offer extra support to the foodbank for the remainder of this academic year to help many families in our community.**

**Staff will be bringing in items of food (tins, packets) bottles of non fizzy pop and toiletries which we will donate to the foodbank on the last Friday of the month.**

**If you would like to make any donations please send your donations into school.**



## **What to do if your child develops symptoms of COVID 19**

If your child develops symptoms of COVID-19, they **must not** come to school  
A COVID test **must be booked immediately**, this can be arranged via

**<https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.**

All household members should isolate until you are notified of the test results. This includes anyone in your 'Support Bubble'.

If the result is positive the household must continue to isolate for a total of 10 days—Isolation is 10 days for the person who has tested positive.

Further information is available at:

**[When to self-isolate and what to do - Coronavirus \(COVID-19\) - NHS \(www.nhs.uk\)](https://www.nhs.uk/when-to-self-isolate-and-what-to-do-coronavirus-covid-19)**

The 10-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home.

**PLEASE inform school of any symptoms or tests taken that effect your household as we must record this.**

If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 10 days will greatly reduce the overall amount of infection the household could pass on to others in the community.

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

### **Symptoms**

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

**For most people, coronavirus (COVID-19) will be a mild illness.**

If your child does develop symptoms, you can seek advice from the nhs.uk website at:

**<https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>.**

If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at  
**<https://111.nhs.uk/> or by phoning 111.**

### **How to stop COVID-19 spreading**

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

- wash your hands with soap and water often – do this for at least 20 seconds.
- use hand sanitiser if soap and water are not available.
- wash your hands as soon as you get home.
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze.
- put used tissues in the bin immediately and wash your hands afterwards.

### **Further Information**

Further information is available at **<https://www.nhs.uk/conditions/coronavirus-covid-19/>**

**As you have school age children you can now go to a local testing centre and collect lateral flow testing kits to test for COVID at home**