




## BULLETIN

Monday 7th December	Send in donations for Erdington Food Bank Year 3 PE
Tuesday 8th December	Flu Vaccines in school Reception—Y6 (for those who gave permission) <b>Christmas Card POST DAY</b> Reception PE
Wednesday 9th December	Y4 PE
Thursday 10th December	Y5 & Y6 Flute Year 2 PE
Friday 11th December 	<b>Christmas Jumper Day</b> Donations for the Erdington Food bank <b>Christmas Card DELIVERY DAY</b> Year 5 PE Year 6 PE

### Brookvale Autumn Winter 2020 Menu Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Golden Fish fingers with Chips	Sausage/Halal with Mash and Gravy	Roast Turkey/Halal with Roast Potatoes and Gravy  Moist roast turkey with fluffy roasties and tasty gravy	Cottage pie	Cheese and Tomato Pizza with Doughballs
Alternative Dish	Quorn Dippers With Chips	Quorn Bolognese	Quorn Roast with Roast Potatoes and gravy	Mild Chickpea & Potato curry with Rice	Veggie Sausage with Mash and Gravy
Pasta	Tomato Pasta ** (V) A delicious fresh, homemade tomato sauce with penne pasta				
Vegetables	Baked Beans/Peas	Peas Carrots	Carrots Cabbage	Sweetcorn Broccoli	Sweet corn/Broccoli
Desserts	Vanilla Ice cream	Peach Shortbread Pudding * with Custard	Flapjack with Fruit slices	Crunchy Chocolate Biscuit	Raspberry Yoghurt Cake

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily  
\*Fruit Based \*\*Wholegrain \*\*\*Oily Fish (V) Vegetarian

Please ensure that you book your child's meal on **SCHOOLMONEY**.  
You have up until midnight the day before.  
If you do not book a meal please provide your child with a packed lunch.

Children can **ONLY** bring in water in their water bottle to drink during the school day,  
anything else will be poured away and replaced with water.  
**FIZZY DRINKS** are not allowed in school at any time.

# *Christmas* **JUMPER DAY**



**Friday 11th December**

**Please bring in food  
donations for**

**The Erdington Foodbank**





# **FESTIVE MENU**

**Wednesday 16th December**

## **Choose a Main**

**Roast Turkey**  
**Halal/Quorn Turkey**

## **On the Side**

**Brussel Sprouts/Carrots**  
**Creamed/Roast Potatoes**  
**Stuffing Balls**

## **For Dessert**

**Assorted**  
**Christmas Biscuits**  
**Or**  
**Assorted Ice Cream**



*Happy Holidays*





# Christmas Grotto

**Visit Father Christmas  
Photo (via email)  
and a gift**

**Thursday 17th December**

**FUNDED BY SCHOOL FUND**

## SCHOOL FUND

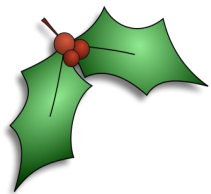
We ask for a voluntary contribution of £10 per child per year to cover  
curriculum enrichment

(which school are no longer able to do due to cuts to school funding)  
throughout the school year such as;

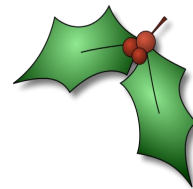
Parties, prizes, cooking and workshops etc.

**Please log onto eduspot to pay this.**





**Friday 18th December**



**Own Clothes Day**

**Brunch in Class**

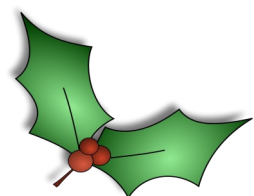
**Sausage Bap  
(Quorn/Pork)  
Fruit and Juice**

**To book a brunch for your child please log onto  
SCHOOLMONEY  
and book a school meal in the normal way**

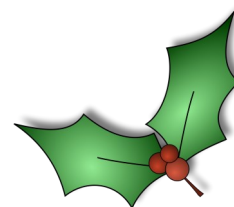
**School will be closed at  
12.45pm**

**Please collect your child from their current exit on time**

**Reception and Year 1 and 2 at 12.30pm  
Years 3 and Year 4 at 12.35pm  
Years 5 and Year 6 12.40pm**












**If you have any queries please call  
the school office**



All parents/carers and visitors **MUST** wear a mask whilst on the school grounds.

You **MUST** inform the office if any absences are COVID related or if you have any concerns about your child or a family member.

**REMINDER**—If a member of your household displays symptoms or is advised to get a COVID test, you **MUST** book the test immediately and the whole household **MUST** isolate until you get the results. If the result is positive you must follow the NHS and Government advice in order to keep everyone safe.

Symptoms	Coronavirus* (COVID-19) Symptoms range from mild to severe	Cold Gradual onset of symptoms	Flu Abrupt onset of symptoms	Seasonal Allergies Abrupt onset of symptoms
 Length of symptoms	7-25 days	Less than 14 days	7-14 days	Several weeks
 Cough	Common (usually dry)	Common (mild)	Common (usually dry)	Rare (usually dry unless it triggers asthma)
 Shortness of breath	Sometimes	No**	No**	No**
 Sneezing	No	Common	No	Common
 Runny or stuffy nose	Rare	Common	Sometimes	Common
 Sore throat	Sometimes	Common	Sometimes	Sometimes (usually mild)
 Fever	Common	Short fever period	Common	No
 Feeling tired and weak	Sometimes	Sometimes	Common	Sometimes
 Headaches	Sometimes	Rare	Common	Sometimes (related to sinus pain)
 Body aches and pains	Sometimes	Common	Common	No
 Diarrhea	Sometimes	No	Sometimes for children	No
 Chills/repeated shaking	Sometimes	No	Sometimes	No
 Loss of taste or smell	Sometimes	Rare	Rare	Rare

Your symptoms may vary. \*Information is still evolving. \*\*Allergies, colds and flus can all trigger asthma, which can lead to shortness of breath. COVID-19 is the only one associated with shortness of breath on its own.

Sources: Asthma and Allergy Foundation of America, World Health Organization, Centers for Disease Control and Prevention.  
edited 4/29/20 • [aafa.org/covid19](https://aafa.org/covid19)