



# BULLETIN

## Reporting a positive Covid case over the Christmas break

From Monday 21st December all of our schools will be closed, with no staff on site to answer phone calls or deal with queries. From this date, the main responsibility for dealing with positive cases of Covid-19 is the national Test and Trace operation.

However, to support Test and Trace, we will have a dedicated email address linked to each school, should you need to report a positive case of Covid-19 to us.

Your school's contact details are:

**[covid19@brkvale.bham.sch.uk](mailto:covid19@brkvale.bham.sch.uk)**

The DFE have asked school leaders to be available to respond to such requests up to December 24th. It is important to note that school leaders will be operating remotely and so will only be looking at seating plans for lessons and tutorial sessions, with the responsibility for identifying social groups being with individual parents and carers when contacting Test and Trace. School leaders will communicate with any families, whose child has been within 2 metres during lessons or tutorials, via email, confirming self-isolation dates.

**After December 24th, up to and including Monday January 4th, parents and carers should follow contact tracing instructions provided by NHS Test and Trace.**

**Please ALL stay safe and well over the School holiday.  
We look forward to welcoming you all back on Tuesday 5th January.**

<b>Monday 4th January</b>	<b>SCHOOL CLOSED TEACHER TRAINING DAY</b>
<b>Tuesday 5th January</b>	<b>Reception PE Y1 PE</b>
<b>Wednesday 6th January</b>	<b>Y4 PE</b>
<b>Thursday 7th January</b>	<b>Y5 &amp; Y6 Flute Year 2 PE</b>
<b>Friday 8th January</b>	<b>Year 5 PE Year 6 PE</b>

Children can ONLY bring in water in their water bottle to drink during the school day—anything else will be poured away and replaced with water. FIZZY DRINKS are not allowed in school at any time.

Please ensure that you book your child's meal on **SCHOOLMONEY**.

You have up until midnight the day before.

If you do not book a meal please provide your child with a packed lunch.

## Brookvale Autumn Winter 2020 Menu Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Golden Fish fingers With Chips	Chicken /Halal Burger with Potato Wedges	Roast Chicken/Halal with Roast Potatoes and Gravy	Beef/Halal Lasagne with a Garlic & Herb Bread Wedge **	Cheese and Tomato Pizza with dough balls
Alternative Dish	Sausage and Mash with Gravy (V) Fluffy mash with veggie sausages and rich gravy	Baked Macaroni (V) Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce	Quorn Roast with Roast Potatoes and Gravy (V)	Chilli Macaroni (V) A lightly spiced Mac N Cheese	Veggie Sausage and mash with gravy
Pasta	Tomato Pasta ** (V) A delicious fresh, homemade tomato sauce with penne pasta				
Vegetables	Baked Beans/Peas	Broccoli Peas	Cabbage Carrots	Sweetcorn Broccoli	Sweetcorn/Broccoli
Desserts	Vanilla Ice Cream	Apple & Carrot Yoghurt Muffin *	Strawberry Ice Cream	Chocolate Cake	Cheese and Biscuits

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

\*Fruit Based \*\*Wholegrain \*\*Oily Fish (V) Vegetarian










All parents/carers and visitors **MUST** wear a mask whilst on the school grounds.

You **MUST** inform the office if any absences are COVID related or if you have any concerns about your child or a family member.

**REMINDER**—If a member of your household displays symptoms or is advised to get a COVID test, you **MUST** book the test immediately and the whole household **MUST** isolate until you get the results. If the result is positive you must follow the NHS and Government advice in order to keep everyone safe.

Symptoms	Coronavirus* (COVID-19) Symptoms range from mild to severe	Cold Gradual onset of symptoms	Flu Abrupt onset of symptoms	Seasonal Allergies Abrupt onset of symptoms
 Length of symptoms	7-25 days	Less than 14 days	7-14 days	Several weeks
 Cough	Common (usually dry)	Common (mild)	Common (usually dry)	Rare (usually dry unless it triggers asthma)
 Shortness of breath	Sometimes	No**	No**	No**
 Sneezing	No	Common	No	Common
 Runny or stuffy nose	Rare	Common	Sometimes	Common
 Sore throat	Sometimes	Common	Sometimes	Sometimes (usually mild)
 Fever	Common	Short fever period	Common	No
 Feeling tired and weak	Sometimes	Sometimes	Common	Sometimes
 Headaches	Sometimes	Rare	Common	Sometimes (related to sinus pain)
 Body aches and pains	Sometimes	Common	Common	No
 Diarrhea	Sometimes	No	Sometimes for children	No
 Chills/repeated shaking	Sometimes	No	Sometimes	No
 Loss of taste or smell	Sometimes	Rare	Rare	Rare

Your symptoms may vary. \*Information is still evolving. \*\*Allergies, colds and flus can all trigger asthma, which can lead to shortness of breath. COVID-19 is the only one associated with shortness of breath on its own.

Sources: Asthma and Allergy Foundation of America, World Health Organization, Centers for Disease Control and Prevention.  
edited 4/29/20 • [aafa.org/covid19](https://aafa.org/covid19)