



## BULLETIN

Monday 30th November	<b>SCHOOL CLOSED TEACHER TRAINING DAY</b>
Tuesday 1st December	<p>Send in donations for Erdington Food Bank</p> <p><b>Y5 must have A LARGE T-SHIRT/SHIRT for painting in class</b></p> <p><b>Reception PE</b></p>
Wednesday 2nd December	<b>Y4 PE</b>
Thursday 3rd December	<p><b>Report cards being sent home</b></p> <p><b>Y5 &amp; Y6 Flute</b></p> <p><b>Year 2 PE</b></p>
Friday 4th December	<p><b>Year 5 PE</b></p> <p><b>Year 6 PE</b></p>

Children can ONLY bring in water in their water bottle to drink during the school day—anything else will be poured away and replaced with water. FIZZY DRINKS are not allowed in school at any time.

### Brookvale Autumn Winter 2020 Menu Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Golden Fish fingers With Chips	Chicken /Halal Burger with Potato Wedges	Roast Chicken/Halal with Roast Potatoes and Gravy  Crispy roast chicken with fluffy roasties and tasty gravy	Beef/Halal Lasagne with a Garlic & Herb Bread Wedge **  A classic Italian layered pasta dish with beef mince	Cheese and Tomato Pizza with dough balls
Alternative Dish	Sausage and Mash with Gravy (V)  Fluffy mash with veggie sausages and rich gravy	Baked Macaroni (V)  Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce	Quorn Roast with Roast Potatoes and Gravy (V)	Chilli Macaroni (V)  A lightly spiced Mac N Cheese	Veggie Sausage and mash with gravy
Pasta	Tomato Pasta ** (V) A delicious fresh, homemade tomato sauce with penne pasta				
Vegetables	Baked Beans/Peas	Broccoli Peas	Cabbage Carrots	Sweetcorn Broccoli	Sweetcorn/Broccoli
Desserts	Vanilla Ice Cream	Apple & Carrot Yoghurt Muffin *	Strawberry Ice Cream	Chocolate Cake	Cheese and Biscuits

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

\*Fruit Based, \*\*Wholegrain \*\*\*Oily Fish /V Vegetarian

### REMINDER

Brookvale School are offering extra support to the Erdington foodbank in the lead up to Christmas to help many families in our community.

Staff will be bringing in items of food (tins, packets) bottles of non fizzy pop and toiletries which we will donate to the foodbank on Friday 11th December.

If you would like to make any donations during this time please send your donations into school on a Monday morning.

# **FESTIVE MENU**

**Wednesday 16th December**

## **Choose a Main**

**Roast Turkey**  
**Halal/Quorn Turkey**

## **On the Side**

**Brussel Sprouts/Carrots**  
**Creamed/Roast Potatoes**  
**Stuffing Balls**

## **For Dessert**

**Assorted**  
**Christmas Biscuits**  
**Or**  
**Assorted Ice Cream**



*Happy Holidays*





# Christmas Grotto

**Visit Father Christmas  
Photo (via email)  
and a gift**

**Thursday 17th December**

**FUNDED BY SCHOOL FUND**

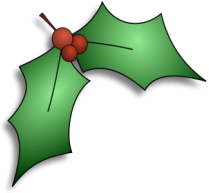
## SCHOOL FUND

We ask for a voluntary contribution of £10 per child per year to cover  
curriculum enrichment

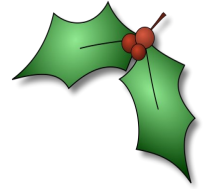
(which school are no longer able to do due to cuts to school funding)  
throughout the school year such as;

Parties, prizes, cooking and workshops etc.

**Please log onto eduspot to pay this.**



**Friday 18th December**



# **Brunch in Class**

**Sausage Bap  
(Quorn/Pork)  
Fruit and Juice**

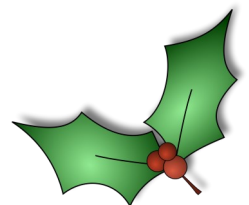
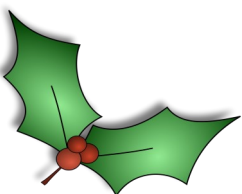
**To book a brunch for your child please log onto  
SCHOOLMONEY  
and book a school meal in the normal way**

**School will be closed at  
12.45pm**

**Please collect your child from their current exit on time**

**Reception and Year 1 and 2 at 12.30pm  
Years 3 and Year 4 at 12.35pm  
Years 5 and Year 6 12.40pm**

**If you have any queries please call the school office**
















All parents/carers and visitors **MUST** wear a mask whilst on the school grounds.

You **MUST** inform the office if any absences are COVID related or if you have any concerns about your child or a family member.

**REMINDER**—If a member of your household displays symptoms or is advised to get a COVID test, you **MUST** book the test immediately and the whole household **MUST** isolate until you get the results. If the result is positive you must follow the NHS and Government advice in order to keep everyone safe.

Symptoms	Coronavirus* (COVID-19) Symptoms range from mild to severe	Cold Gradual onset of symptoms	Flu Abrupt onset of symptoms	Seasonal Allergies Abrupt onset of symptoms
 Length of symptoms	7-25 days	Less than 14 days	7-14 days	Several weeks
 Cough	Common (usually dry)	Common (mild)	Common (usually dry)	Rare (usually dry unless it triggers asthma)
 Shortness of breath	Sometimes	No**	No**	No**
 Sneezing	No	Common	No	Common
 Runny or stuffy nose	Rare	Common	Sometimes	Common
 Sore throat	Sometimes	Common	Sometimes	Sometimes (usually mild)
 Fever	Common	Short fever period	Common	No
 Feeling tired and weak	Sometimes	Sometimes	Common	Sometimes
 Headaches	Sometimes	Rare	Common	Sometimes (related to sinus pain)
 Body aches and pains	Sometimes	Common	Common	No
 Diarrhea	Sometimes	No	Sometimes for children	No
 Chills/repeated shaking	Sometimes	No	Sometimes	No
 Loss of taste or smell	Sometimes	Rare	Rare	Rare

Your symptoms may vary. \*Information is still evolving. \*\*Allergies, colds and flus can all trigger asthma, which can lead to shortness of breath. COVID-19 is the only one associated with shortness of breath on its own.

Sources: Asthma and Allergy Foundation of America, World Health Organization, Centers for Disease Control and Prevention.  
edited 4/29/20 • [aafa.org/covid19](https://aafa.org/covid19)