



Brookvale Primary School

Newsletter



Dear Parents and Carers,

We are delighted to share some wonderful news and important updates with you. Your support and engagement have been invaluable in fostering a positive and vibrant school community.

Attendance

Attendance is slowly improving over the past two weeks. Consistent attendance is crucial for your child's academic success and personal development. We appreciate your efforts in ensuring that your children attend school regularly and on time. Let's continue this great work and aim for even higher attendance for the rest of this term and beyond!

Eid Celebration Lunch

We are excited about our upcoming Eid Celebration Lunch, which will be held on Tuesday 25th June, during the lunch hour. This special event is a wonderful opportunity for our school community to come together and celebrate this important cultural festival.

Seaside Trip Parent Meeting

For parents and carers who will be attending the seaside trip to Weston, we will be holding an important informational meeting on Monday 15th July at 2:45 in the school hall. During this meeting, we will provide detailed information about the trip itinerary, safety guidelines, and what the children need to bring. This is a great opportunity for you to ask any questions and ensure that your child is fully prepared for a fun and safe trip.

Thank you for your continued support and involvement in our school community. Together, we can create a nurturing and enriching environment for our children.

Mrs Adolphe

June Calendar Dates

Tues 25th	Anita Soni Parent workshop 9am – 10.30am
	Eid Celebration Family Lunch 11.30am
Wed 26th	Reception 2024 New intake stay and Play
Thurs 27th	Y1 trip to Sudbury House
Fri 28th	9-9.30am Y3 Class assembly. Parents and carers are invited to attend.
	Last day to send in your Rags 2 Riches donations—raising much needed funds for School

We are caring citizens, shaping our communities.

We are ambitious for our success and the success of others.

Shaping Our Children's Futures, Together.

We are passionate about everything and everyone.

We are the authors of our own lives.

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Superstars of the Week



Congratulations to ...the teachers.

Today's assembly we have celebrated all the staff here at Brookvale as it was well-being week.

The staff at Brookvale work really hard to provide a safe, happy, learning environment for all of the children.



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At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators PROMOTING PHYSICAL WELLBEING

Physical activity isn't only beneficial for our bodies; it also plays a role in promoting mental wellbeing. With both the Euros and the Olympics this summer, it's an opportunity to engage young people in regular exercise which can reduce stress, improve mood and boost self-esteem. Despite these benefits, many children face barriers to participating in physical activity.

1 MAKE IT FUN

Incorporate activities that children enjoy, such as playing games or dancing. Encourage participation in team sports or group activities to foster social connections and a sense of belonging.

2 MIX MOVEMENT WITH LEARNING

Educational settings can incorporate movement breaks and physical activities to enhance focus, concentration and cognitive function. Embedding exercise into the curriculum can also reinforce learning and stimulate creativity. 'Revision walks' with podcasts and flashcards can benefit older learners.

3 CREATE OPPORTUNITIES

Provide clear chances for physical activity throughout the day, both indoors and outdoors. Schools can encourage active play during breaks and at lunchtimes, while limiting screen time at home can help keep children up and about.

4 PROVIDE POSITIVE REINFORCEMENT

Praise and encourage children for their efforts and achievements in physical activity. Recognise their progress and celebrate their successes to reinforce positive behaviours. Educators could do this in several ways, such as applauding their efforts at assemblies or celebrating their accomplishments in newsletters.

5 VARIETY IS KEY

Introduce a selection of physical activities to keep children engaged and prevent boredom. From swimming and cycling to yoga and martial arts, trying different types of exercise can help children to discover what they enjoy most.

6 ENJOYMENT OVER COMPETITION

Encourage children to focus on the enjoyment of physical activity rather than winning or achieving perfection. Emphasise effort, improvement and having fun rather than outcomes, to minimise the amount of stress that children can sometimes associate with sports and other competitions.

7 SET REALISTIC GOALS

Help children set achievable physical activity targets based on their interests, abilities and preferences. Celebrate their progress and successes to maintain motivation and enthusiasm.

8 MAKE IT ACCESSIBLE

Ensure that children have access to safe, suitable spaces for exercise at home, at school and in the community. Advocate for inclusive environments which accommodate diverse needs and abilities. Be a change maker in your community if facilities aren't already available.

9 LEAD BY EXAMPLE

Parents and carers can be positive role models by prioritising their own exercise and involving children in their fitness routines. Gentle walks, bike rides or sports activities can be wonderful opportunities for bonding and staying active together.

10 ENCOURAGE PERSISTENCE

Help children develop resilience and perseverance by encouraging them to overcome challenges and setbacks in physical activity. Teach them the importance of perseverance and the value of effort in achieving their goals.

Meet Our Expert

Adam Gillett is a learning and development specialist who, as well as working for Minds Ahead, is associate vice principal for personal development at a large secondary school in Barnsley. He was asked to be part of an expert research group for the Department for Education, one of only three school leaders to be asked to do so.



#WakeUpWednesday

The National College

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Raise funds by collecting reusable clothes



BROOKVALE PRIMARY SCHOOL

Our school is raising money by collecting reusable clothes.

Please help us by donating your unwanted reusable clothes and accessories.
Donated items become affordable clothing and accessories.

WE ACCEPT CLEAN, GOOD QUALITY, DRY, REUSABLE CLOTHING

- | | |
|---|---|
| <input checked="" type="checkbox"/> Adults, Childrens & Babies Clothing | <input checked="" type="checkbox"/> Jewellery and Accessories |
| <input checked="" type="checkbox"/> Paired Shoes and Footwear | <input checked="" type="checkbox"/> Belts and Handbags |

A full list of reusable items is listed on our website
www.rags2riches4schools.co.uk

WE DO NOT ACCEPT

POOR QUALITY ITEMS SUCH AS
DIRTY, WET, RIPPED OR SOILED
CLOTHES.
PILLOWS, DUVETS, CURTAINS,
BOOKS CDs OR ANY UNIFORM

Please use the clothing bag provided.
You can also use any additional bag if required.

Collection Date:

FRIDAY 28th JUNE

Please remember - NO UNIFORM



Brookvale's Friday Food-Bank

In the school hall

3-3.30pm



Restrictions on some items will apply due to availability

Brookvale's
Friday

ICE CREAM TIME

3.20pm on the playground

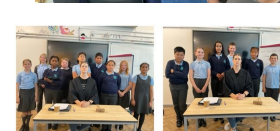
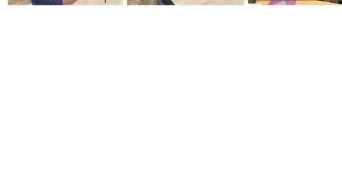
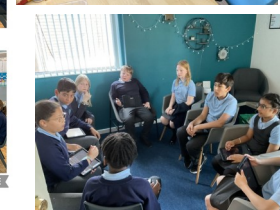
Ice-cream—£1.50

Lollies—£1.00



Our Week In Pictures

Check out our social media on X (@BPS B23)



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